

# Dyslexia



Are you dyslexic?

Are you thinking of joining a TBG learning programme?

Are you already with TBG Learning?

If you feel you have dyslexia, you should talk to your Tutor/Employee Development Specialist.

He/she can arrange to give you help to overcome your problems with reading, writing and spelling and tell you how to obtain further advice.

## Useful websites

**British Dyslexia Association**

[www.bda-dyslexia.org.uk](http://www.bda-dyslexia.org.uk)

**The Dyslexia Institute**

[www.dyslexia-inst.org.uk](http://www.dyslexia-inst.org.uk)

## Helplines

**British Dyslexia Association National Helpline**

0118 966 8271

## How to contact us...

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# Dyslexia

A large number of successful people are dyslexic. For example Richard Branson, Tom Cruise, Jamie Oliver, Robbie Williams and Noel Gallagher, Eddie Izzard.

Just because you are dyslexic it does not mean you are stupid or cannot make a success of your life.

## What is dyslexia?

Dyslexia causes difficulties in learning to read, write or spell. Short-term memory, maths, concentration, personal organisation & sequencing may also be affected.

It tends to run in families, but environmental factors may also contribute to it.

The effects of dyslexia can be largely overcome by specialist teaching or coping strategies.

*Dyslexia institute 2002*

## Dyslexia facts

- The word 'dyslexia' comes from the Greek & means 'difficulty with words.'
- About 10% of the population have some form of dyslexia. About 4% are severely dyslexic.
- Research indicates that girls & boys are equally affected, but data suggests that three times as many boys as girls receive additional teaching because of their dyslexia.
- Dyslexia occurs in people from all backgrounds and of all abilities from people who cannot read to those with university degrees.

**Everyone is different and so are dyslexic people.  
Dyslexia is nothing to be ashamed of.**

If you have dyslexia you may be particularly good at some things and find other things very difficult. Dyslexia is a puzzling mix of both difficulties and strengths. It varies in degree and from person to person.

### Possible difficulties

- reading hesitantly
- misreading
- difficulty with sequences e.g. dates
- poor organisation or time management
- difficulty organising thoughts clearly
- erratic spelling

### Possible strengths

- innovative thinking
- good troubleshooters
- intuitive problem solving
- creativity
- lateral thinking